

MACKAY TRACK & FIELD CARNIVAL - SATURDAY 14 JULY 2018

FINAL EVENT TIMETABLE IN AGE AND GENDER LIST

Age is as at 31 December 2018

Time	4, 5 Yrs		6 Yrs		7 Yrs		8 Yrs		9 Yrs		10 Yrs		11 Yrs		12 Yrs		13,14,15 Yrs		U18, U20,Open,Masters		Time
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	
8.30															Hammer Disc 2	Hammer Disc 2	Hammer Disc 2	Hammer Disc 2	Hammer Disc 2	Javelin Masters	8.30
8.40															80/90/100/110 Hurdle						8.40
9.20					60m 45cm Hurdle	60m 45cm Hurdle	60m 45cm Hurdle	60m 45cm Hurdle	60m 60cm Hurdle	60m 60cm Hurdle	60m 60cm Hurdle	60m 60cm Hurdle	60m 68cm Hurdle	60m 68cm Hurdle	High Jump F	High Jump F	Discus Disc 1	Discus Disc 1	Long Jump Pit 2	Long Jump Pit 4	9.20
10.00	Shot Put Shot 2	Shot Put Shot 2	Long Jump Pit 1	Long Jump Pit 1	Discus Disc 1	Discus Disc 1	100m	High Jump S	100m	Long Jump Pit 2	100m		100m	Shot Put Shot 1	Discus Disc 2	Discus Disc 2	100m	Javelin Jav 1	100m	High Jump F	10.00
10.40	100m	100m	100m	100m	100m	100m	Discus Disc 1	100m	Discus Disc 1	100m	Discus Disc 1	100m	Shot Put Shot 1	100m	100m	100m	Javelin Jav 1	100m	High Jump F	100m	10.40
11.20	Long Jump Pit 1	Long Jump Pit 1	Shot Put Shot 2	Shot Put Shot 2	Long Jump Pit 4	Long Jump Pit 4	800m	Discus Disc 1	800m	Discus Disc 2	800m	High Jump S	800m	High Jump F	800m		800m	Long Jump Pit 2	800m	800m* Trpl Jump	11.20
12.00						Shot Put Shot 2	High Jump S	800m	High Jump S	800m	High Jump S	800m		800m	Shot Put Shot 1	800m	Long Jump Shot Put	800m	Trpl Jump Pit 3	Javelin U18 U20 O	12.00
1.00	80m	80m	80m	80m	200m		200m		200m		200m	Discus Disc 1	200m	Discus Disc 2	200m	Long Jump Pit 2	200m	High Jump F	200m	Shot Put Shot 1	1.00
1.40	Discus Disc 1	Discus Disc 1	Discus Disc 2	Discus Disc 2	Shot Put Shot 2	200m	Shot Put Shot 2	200m		200m	Long Jump Pit 4	200m	Long Jump Pit 2	200m	Long Jump Pit 2	200m	High Jump F	200m	Shot Put Shot 1	200m	1.40
2.20	60m	60m	60m	60m	60m	60m	Long Jump Pit 1	Long Jump Pit 1	Long Jump Pit 1	Shot Put Shot 2	400m	Shot Put Shot 1	400m		400m	Trpl Jump Pit 3	400m	Trpl Jump Pit 3	60m# 400m	60m^ Discus	2.20
3.00	PRESENTATION OF PARTICIPATION MEDALION AND CERTIFICATE TO AGE GROUPS 4 TO 7							Shot Put Shot 2	Shot Put Shot 2	High Jump S	Shot Put Shot 1	400m	Discus Disc 1	400m	Javelin Jav 1	400m	Trpl Jump Pit 3	400m	Discus Disc 2	400m	3.00
3.30											1500m	Long Jump Pit 4	1500m	Long Jump Pit 2	1500m	Shot Put Shot 1	1500m	Shot Put Shot 1	1500m	Hammer Disc 2	3.30
4.00												1500m		1500m		1500m		1500m	Javelin Jav 1	1500m	4.00

* 800m WILL BE RUN BEFORE TRIPLE JUMP # 60m MASTERS WILL BE FIRST EVENT WITH 400m LAST EVENT FOR THAT TIME PERIOD ^ 60m MASTERS WILL BE FIRST EVENT BEFORE DISCUS

LOOKING FOR ONLINE RESULTS? Click on the Live Results link at <https://2018mackay.eventdesq.com/>

Mackay 1 Day Track & Field Carnival - Saturday 14 July 2018

Mackay Athletics Club

Event Timetable

(events without entries is not displayed in this list)

Please see back page for timetable listed in age and gender order

Starts at	Event	Round	Field Area
8:30 AM	#1 Girls Hammer 3.0kg 12yrs	Finals	Disc 2
8:30 AM	#2 Boys Hammer 3.0kg 12yrs	Finals	Disc 2
8:30 AM	#3 Women Hammer 3.0kg 13yrs	Finals	Disc 2
8:30 AM	#4 Men Hammer 3.0kg 13yrs	Finals	Disc 2
8:30 AM	#9 Men Hammer 5.0kg U18	Finals	Disc 2
8:30 AM	#13 Men Hammer 50-109yrs	Finals	Disc 2
8:30 AM	#14 Women Javelin 600gm 30-49yrs	Finals	Jav 1
8:30 AM	#15 Women Javelin 50-109yrs	Finals	Jav 1
8:40 AM	#19 Men 110 m Hurdles 91cm U18	Finals	
8:40 AM	#23 Men 100 m Hurdles 84cm 14yrs	Finals	
8:40 AM	#30 Boys 90 m Hurdles 76cm 12yrs	Finals	
8:40 AM	#31 Women 90 m Hurdles 76cm 15yrs	Finals	
8:40 AM	#36 Women 80 m Hurdles 76cm 40-49yrs	Finals	
8:40 AM	#37 Women 80 m Hurdles 76cm 13yrs	Finals	
8:40 AM	#38 Girls 80 m Hurdles 76cm 12yrs	Finals	
9:20 AM	#39 Girls High Jump 12yrs	Finals	HJ2
9:20 AM	#40 Boys High Jump 12yrs	Finals	HJ2
9:20 AM	#41 Women Discus 1.0kg 13yrs	Finals	Disc 1
9:20 AM	#42 Women Discus 1.0kg 14yrs	Finals	Disc 1
9:20 AM	#43 Women Discus 1.0kg 15yrs	Finals	Disc 1
9:20 AM	#44 Men Discus 1.0kg 13yrs	Finals	Disc 1
9:20 AM	#47 Women Long Jump 30-49yrs	Finals	Pit 4
9:20 AM	#48 Women Long Jump 50-109yrs	Finals	Pit 4
9:20 AM	#50 Men Long Jump 50-109yrs	Finals	Pit 4
9:20 AM	#51 Women Long Jump U18	Finals	Pit 2
9:20 AM	#52 Women Long Jump U20	Finals	Pit 2
9:20 AM	#54 Men Long Jump U18	Finals	Pit 2
9:20 AM	#57 Boys 60 m Hurdles 68cm 11yrs	Finals	
9:20 AM	#58 Girls 60 m Hurdles 68cm 11yrs	Finals	
9:20 AM	#59 Boys 60 m Hurdles 60cm 10yrs	Finals	
9:20 AM	#60 Girls 60 m Hurdles 60cm 10yrs	Finals	
9:20 AM	#62 Girls 60 m Hurdles 60cm 9yrs	Finals	
9:20 AM	#63 Girls 60 m Hurdles 45cm 8yrs	Finals	
9:20 AM	#64 Boys 60 m Hurdles 45cm 8yrs	Finals	
9:20 AM	#65 Boys 60 m Hurdles 45cm 7yrs	Finals	
9:20 AM	#66 Girls 60 m Hurdles 45cm 7yrs	Finals	

Starts at	Event	Round	Field Area
10:00 AM	#67 Boys 100 m 8yrs	Finals	
10:00 AM	#68 Boys 100 m 9yrs	Finals	
10:00 AM	#69 Boys 100 m 10yrs	Finals	
10:00 AM	#70 Boys 100 m 11yrs	Finals	
10:00 AM	#71 Men 100 m 13yrs	Finals	
10:00 AM	#72 Men 100 m 14yrs	Finals	
10:00 AM	#73 Men 100 m 15yrs	Finals	
10:00 AM	#74 Men 100 m U18	Finals	
10:00 AM	#77 Men 100 m 30-49yrs	Finals	
10:00 AM	#78 Men 100 m 50-109yrs	Finals	
10:00 AM	#79 Girls Shot Put 1.0kg 4yrs	Finals	Shot 2
10:00 AM	#80 Girls Shot Put 1.0kg 5yrs	Finals	Shot 2
10:00 AM	#81 Boys Shot Put 1.0kg 4yrs	Finals	Shot 2
10:00 AM	#82 Boys Shot Put 1.0kg 5yrs	Finals	Shot 2
10:00 AM	#83 Girls Shot Put 2.0kg 11yrs	Finals	Shot 1
10:00 AM	#84 Girls Discus 1.0kg 12yrs	Finals	Disc 2
10:00 AM	#85 Boys Discus 1.0kg 12yrs	Finals	Disc 2
10:00 AM	#86 Boys Discus 500g 7yrs	Finals	Disc 1
10:00 AM	#87 Girls Discus 500g 7yrs	Finals	Disc 1
10:00 AM	#88 Women Javelin 400gm 13yrs	Finals	Jav 1
10:00 AM	#89 Women Javelin 500gm 14yrs	Finals	Jav 1
10:00 AM	#91 Girls Long Jump 6yrs	Finals	Pit 1
10:00 AM	#92 Boys Long Jump 6yrs	Finals	Pit 1
10:00 AM	#93 Girls Long Jump 9yrs	Finals	Pit 2
10:00 AM	#94 Girls High Jump 8yrs	Finals	HJ1
10:00 AM	#95 Women High Jump U18	Finals	HJ2
10:00 AM	#96 Women High Jump U20	Finals	HJ2
10:00 AM	#98 Women High Jump 30-49yrs	Finals	HJ2
10:00 AM	#99 Women High Jump 50-109yrs	Finals	HJ2
10:40 AM	#100 Girls 100 m 4yrs	Finals	
10:40 AM	#101 Girls 100 m 5yrs	Finals	
10:40 AM	#102 Boys 100 m 4yrs	Finals	
10:40 AM	#103 Boys 100 m 5yrs	Finals	
10:40 AM	#104 Girls 100 m 6yrs	Finals	
10:40 AM	#105 Boys 100 m 6yrs	Finals	
10:40 AM	#106 Girls 100 m 7yrs	Finals	
10:40 AM	#107 Boys 100 m 7yrs	Finals	
10:40 AM	#108 Girls 100 m 8yrs	Finals	
10:40 AM	#109 Girls 100 m 9yrs	Finals	
10:40 AM	#110 Girls 100 m 10yrs	Finals	
10:40 AM	#111 Girls 100 m 11yrs	Finals	

Starts at	Event	Round	Field Area
10:40 AM	#112 Girls 100 m 12yrs	Finals	
10:40 AM	#113 Boys 100 m 12yrs	Finals	
10:40 AM	#114 Women 100 m 13yrs	Finals	
10:40 AM	#115 Women 100 m 14yrs	Finals	
10:40 AM	#116 Women 100 m 15yrs	Finals	
10:40 AM	#117 Women 100 m U18	Finals	
10:40 AM	#118 Women 100 m U20	Finals	
10:40 AM	#120 Women 100 m 30-49yrs	Finals	
10:40 AM	#121 Women 100 m 50-109yrs	Finals	
10:40 AM	#122 Boys Shot Put 3.0kg 11yrs	Finals	Shot 1
10:40 AM	#123 Boys Discus 500g 8yrs	Finals	Disc 1
10:40 AM	#124 Boys Discus 500g 9yrs	Finals	Disc 1
10:40 AM	#125 Boys Discus 750g 10yrs	Finals	Disc 1
10:40 AM	#126 Men Javelin 600gm 13yrs	Finals	Jav 1
10:40 AM	#127 Men Javelin 700gm 14yrs	Finals	Jav 1
10:40 AM	#129 Men High Jump U18	Finals	HJ2
11:20 AM	#177 Women 800 m U18	Finals	
11:20 AM	#178 Women 800 m U20	Finals	
11:20 AM	#180 Women 800 m 30-49yrs	Finals	
11:20 AM	#134 Boys 800 m 8yrs	Finals	
11:20 AM	#135 Boys 800 m 9yrs	Finals	
11:20 AM	#136 Boys 800 m 10yrs	Finals	
11:20 AM	#138 Boys 800 m 12yrs	Finals	
11:20 AM	#142 Men 800 m U18	Finals	
11:20 AM	#145 Men 800 m 30-49yrs	Finals	
11:20 AM	#147 Girls Shot Put 1.0kg 6yrs	Finals	Shot 2
11:20 AM	#148 Boys Shot Put 1.0kg 6yrs	Finals	Shot 2
11:20 AM	#149 Girls Discus 500g 8yrs	Finals	Disc 1
11:20 AM	#150 Girls Discus 500g 9yrs	Finals	Disc 1
11:20 AM	#151 Girls Long Jump 4yrs	Finals	Pit 1
11:20 AM	#152 Boys Long Jump 4yrs	Finals	Pit 1
11:20 AM	#153 Girls Long Jump 5yrs	Finals	Pit 1
11:20 AM	#154 Boys Long Jump 5yrs	Finals	Pit 1
11:20 AM	#155 Girls Long Jump 7yrs	Finals	Pit 4
11:20 AM	#156 Boys Long Jump 7yrs	Finals	Pit 4
11:20 AM	#157 Women Long Jump 13yrs	Finals	Pit 2
11:20 AM	#158 Women Long Jump 14yrs	Finals	Pit 2
11:20 AM	#159 Women Long Jump 15yrs	Finals	Pit 2
11:20 AM	#160 Women Triple Jump U18	Finals	Pit 3
11:20 AM	#161 Women Triple Jump U20	Finals	Pit 3
11:20 AM	#164 Women Triple Jump 30-49yrs	Finals	Pit 3

Starts at	Event	Round	Field Area
11:20 AM	#165 Women Triple Jump 50-109yrs	Finals	Pit 3
11:20 AM	#166 Girls High Jump 10yrs	Finals	HJ1
11:20 AM	#167 Girls High Jump 11yrs	Finals	HJ2
11:20 AM	#168 Boys High Jump 11yrs	Finals	HJ2
12:00 PM	#169 Girls 800 m 8yrs	Finals	
12:00 PM	#170 Girls 800 m 9yrs	Finals	
12:00 PM	#171 Girls 800 m 10yrs	Finals	
12:00 PM	#172 Girls 800 m 11yrs	Finals	
12:00 PM	#173 Girls 800 m 12yrs	Finals	
12:00 PM	#174 Women 800 m 13yrs	Finals	
12:00 PM	#175 Women 800 m 14yrs	Finals	
12:00 PM	#176 Women 800 m 15yrs	Finals	
12:00 PM	#182 Girls Shot Put 1.5kg 7yrs	Finals	Shot 2
12:00 PM	#183 Boys Shot Put 3.0kg 12yrs	Finals	Shot 1
12:00 PM	#184 Men Shot Put 3.0kg 13yrs	Finals	Shot 1
12:00 PM	#187 Women Javelin 500gm U18	Finals	Jav 1
12:00 PM	#188 Women Javelin 600gm U20	Finals	Jav 1
12:00 PM	#190 Men Long Jump 13yrs	Finals	Pit 2
12:00 PM	#191 Men Long Jump 14yrs	Finals	Pit 2
12:00 PM	#193 Men Triple Jump U18	Finals	Pit 3
12:00 PM	#196 Men Triple Jump 50-109yrs	Finals	Pit 3
12:00 PM	#197 Boys High Jump 8yrs	Finals	HJ1
12:00 PM	#198 Boys High Jump 9yrs	Finals	HJ1
12:00 PM	#199 Boys High Jump 10yrs	Finals	HJ1
1:00 PM	#200 Girls 80 m 4yrs	Finals	
1:00 PM	#201 Girls 80 m 5yrs	Finals	
1:00 PM	#202 Boys 80 m 4yrs	Finals	
1:00 PM	#203 Boys 80 m 5yrs	Finals	
1:00 PM	#204 Girls 80 m 6yrs	Finals	
1:00 PM	#205 Boys 80 m 6yrs	Finals	
1:00 PM	#206 Boys 200 m 7yrs	Finals	
1:00 PM	#207 Boys 200 m 8yrs	Finals	
1:00 PM	#208 Boys 200 m 9yrs	Finals	
1:00 PM	#209 Boys 200 m 10yrs	Finals	
1:00 PM	#210 Boys 200 m 11yrs	Finals	
1:00 PM	#211 Boys 200 m 12yrs	Finals	
1:00 PM	#212 Men 200 m 13yrs	Finals	
1:00 PM	#213 Men 200 m 14yrs	Finals	
1:00 PM	#214 Men 200 m 15yrs	Finals	
1:00 PM	#215 Men 200 m U18	Finals	
1:00 PM	#218 Men 200 m 30-49yrs	Finals	

Starts at	Event	Round	Field Area
1:00 PM	#220 Women Shot Put 3.0kg U18	Finals	Shot 2
1:00 PM	#221 Women Shot Put 4.0kg U20	Finals	Shot 2
1:00 PM	#223 Women Shot Put 4.0kg 30-49yrs	Finals	Shot 1
1:00 PM	#224 Women Shot Put 3.0kg 50-109yrs	Finals	Shot 1
1:00 PM	#225 Girls Discus 750g 10yrs	Finals	Disc 1
1:00 PM	#226 Girls Discus 750g 11yrs	Finals	Disc 2
1:00 PM	#227 Girls Long Jump 12yrs	Finals	Pit 2
1:00 PM	#229 Women High Jump 14yrs	Finals	HJ2
1:00 PM	#230 Women High Jump 15yrs	Finals	HJ2
1:40 PM	#231 Girls 200 m 7yrs	Finals	
1:40 PM	#232 Girls 200 m 8yrs	Finals	
1:40 PM	#233 Girls 200 m 9yrs	Finals	
1:40 PM	#234 Girls 200 m 10yrs	Finals	
1:40 PM	#235 Girls 200 m 11yrs	Finals	
1:40 PM	#236 Girls 200 m 12yrs	Finals	
1:40 PM	#237 Women 200 m 13yrs	Finals	
1:40 PM	#238 Women 200 m 14yrs	Finals	
1:40 PM	#239 Women 200 m 15yrs	Finals	
1:40 PM	#240 Women 200 m U18	Finals	
1:40 PM	#241 Women 200 m U20	Finals	
1:40 PM	#243 Women 200 m 30-49yrs	Finals	
1:40 PM	#245 Boys Shot Put 1.5kg 7yrs	Finals	Shot 2
1:40 PM	#246 Boys Shot Put 2.0kg 8yrs	Finals	Shot 2
1:40 PM	#247 Men Shot Put 5.0kg U18	Finals	Shot 1
1:40 PM	#250 Men Shot Put 7.26kg 30-49yrs	Finals	Shot 1
1:40 PM	#251 Men Shot Put 50-109yrs	Finals	Shot 1
1:40 PM	#252 Girls Discus 350g 4yrs	Finals	Disc 1
1:40 PM	#253 Boys Discus 350g 4yrs	Finals	Disc 1
1:40 PM	#254 Girls Discus 350g 5yrs	Finals	Disc 1
1:40 PM	#255 Boys Discus 350g 5yrs	Finals	Disc 1
1:40 PM	#256 Girls Discus 350g 6yrs	Finals	Disc 2
1:40 PM	#257 Boys Discus 350g 6yrs	Finals	Disc 2
1:40 PM	#258 Boys Long Jump 10yrs	Finals	Pit 4
1:40 PM	#259 Boys Long Jump 11yrs	Finals	Pit 2
1:40 PM	#260 Boys Long Jump 12yrs	Finals	Pit 2
1:40 PM	#261 Men High Jump 13yrs	Finals	HJ2
1:40 PM	#262 Men High Jump 14yrs	Finals	HJ2
1:40 PM	#263 Men High Jump 15yrs	Finals	HJ2
2:20 PM	#264 Women 60 m 30-49yrs	Finals	
2:20 PM	#265 Women 60 m 50-109yrs	Finals	
2:20 PM	#266 Men 60 m 30-49yrs	Finals	

Starts at	Event	Round	Field Area
2:20 PM	#267 Men 60 m 50-109yrs	Finals	
2:20 PM	#268 Girls 60 m 4yrs	Finals	
2:20 PM	#269 Girls 60 m 5yrs	Finals	
2:20 PM	#270 Boys 60 m 4yrs	Finals	
2:20 PM	#271 Boys 60 m 5yrs	Finals	
2:20 PM	#272 Girls 60 m 6yrs	Finals	
2:20 PM	#273 Boys 60 m 6yrs	Finals	
2:20 PM	#274 Girls 60 m 7yrs	Finals	
2:20 PM	#275 Boys 60 m 7yrs	Finals	
2:20 PM	#276 Boys 400 m 10yrs	Finals	
2:20 PM	#277 Boys 400 m 11yrs	Finals	
2:20 PM	#278 Boys 400 m 12yrs	Finals	
2:20 PM	#279 Men 400 m 13yrs	Finals	
2:20 PM	#280 Men 400 m 14yrs	Finals	
2:20 PM	#282 Men 400 m U18	Finals	
2:20 PM	#285 Men 400 m 30-49yrs	Finals	
2:20 PM	#287 Girls Shot Put 2.0kg 9yrs	Finals	Shot 2
2:20 PM	#288 Girls Shot Put 2.0kg 10yrs	Finals	Shot 1
2:20 PM	#289 Women Discus 1.0kg U18	Finals	Disc 2
2:20 PM	#290 Women Discus 1.0kg U20	Finals	Disc 2
2:20 PM	#292 Women Discus 1.0kg 30-49yrs	Finals	Disc 1
2:20 PM	#293 Women Discus 50-109yrs	Finals	Disc 1
2:20 PM	#294 Girls Long Jump 8yrs	Finals	Pit 1
2:20 PM	#295 Boys Long Jump 8yrs	Finals	Pit 1
2:20 PM	#296 Boys Long Jump 9yrs	Finals	Pit 1
2:20 PM	#297 Girls Triple Jump 12yrs	Finals	Pit 3
2:20 PM	#298 Women Triple Jump 13yrs	Finals	Pit 3
2:20 PM	#299 Women Triple Jump 14yrs	Finals	Pit 3
3:00 PM	#301 Girls 400 m 10yrs	Finals	
3:00 PM	#302 Girls 400 m 11yrs	Finals	
3:00 PM	#303 Girls 400 m 12yrs	Finals	
3:00 PM	#304 Women 400 m 13yrs	Finals	
3:00 PM	#305 Women 400 m 14yrs	Finals	
3:00 PM	#306 Women 400 m 15yrs	Finals	
3:00 PM	#307 Women 400 m U18	Finals	
3:00 PM	#310 Women 400 m 30-49yrs	Finals	
3:00 PM	#312 Girls Shot Put 2.0kg 8yrs	Finals	Shot 2
3:00 PM	#313 Boys Shot Put 2.0kg 9yrs	Finals	Shot 2
3:00 PM	#314 Boys Shot Put 2.0kg 10yrs	Finals	Shot 1
3:00 PM	#315 Boys Discus 750g 11yrs	Finals	Disc 1
3:00 PM	#316 Men Discus 1.5kg U18	Finals	Disc 2

Starts at	Event	Round	Field Area
3:00 PM	#319 Men Discus 2.0kg 30-49yrs	Finals	Disc 2
3:00 PM	#320 Men Discus 50-109yrs	Finals	Disc 2
3:00 PM	#321 Boys Javelin 600gm 12yrs	Finals	Jav 1
3:00 PM	#322 Girls Javelin 400gm 12yrs	Finals	Jav 1
3:00 PM	#323 Men Triple Jump 13yrs	Finals	Pit 3
3:00 PM	#326 Girls High Jump 9yrs	Finals	HJ1
3:30 PM	#327 Boys 1500 m 10yrs	Finals	
3:30 PM	#330 Men 1500 m 13yrs	Finals	
3:30 PM	#333 Men 1500 m U18	Finals	
3:30 PM	#336 Men 1500 m 30-49yrs	Finals	
3:30 PM	#338 Girls Shot Put 3.0kg 12yrs	Finals	Shot 1
3:30 PM	#339 Women Shot Put 3.0kg 13yrs	Finals	Shot 1
3:30 PM	#340 Women Shot Put 3.0kg 14yrs	Finals	Shot 1
3:30 PM	#342 Women Hammer 3.0kg U18	Finals	Disc 2
3:30 PM	#343 Women Hammer 4.0kg U20	Finals	Disc 2
3:30 PM	#345 Women Hammer 30-49yrs	Finals	Disc 2
3:30 PM	#346 Women Hammer 50-109yrs	Finals	Disc 2
3:30 PM	#347 Girls Long Jump 10yrs	Finals	Pit 4
3:30 PM	#348 Girls Long Jump 11yrs	Finals	Pit 2
3:30 PM	#349 Boys Triple Jump 12yrs	Finals	Pit 3
4:00 PM	#350 Girls 1500 m 10yrs	Finals	
4:00 PM	#351 Girls 1500 m 11yrs	Finals	
4:00 PM	#352 Girls 1500 m 12yrs	Finals	
4:00 PM	#353 Women 1500 m 13yrs	Finals	
4:00 PM	#354 Women 1500 m 14yrs	Finals	
4:00 PM	#359 Women 1500 m 30-49yrs	Finals	
4:00 PM	#361 Men Javelin 700gm U18	Finals	Jav 1
4:00 PM	#364 Men Javelin 800gm 30-49yrs	Finals	Jav 1
4:00 PM	#365 Men Javelin 50-109yrs	Finals	Jav 1

**PRESENTATION OF PARTICIPATION MEDALION AND
CERTIFICATE TO AGE GROUPS 4 TO 7 YRS, WILL TAKE PLACE
AT APPROX 3PM**

ALL EVENTS ARE FINALS. ALL TRACK EVENTS WILL BE TIMED FINALS. IF HEATS ARE REQUIRED, THE BEST TIMES FROM THE OVERALL HEATS IN THAT EVENT WILL BE USED TO DETERMINE PLACES.

OUR MEAL & DRINK MENU

MEALS



\$6.00 Steak Burger

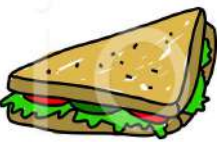
\$4.00 Hot Chips Cup



\$3.00 Hot Dog

\$3.50 Hot Dog with Cheese

\$2.00 Sausage Sizzle on Bread



\$3.50 Ham Salad Sandwich/Bowl
Chicken Salad Sandwich/Bowl

\$3.00 Salad Sandwich / Bowl

SNACKS



60c Piece of Fruit
(Apples, Bananas etc.)

\$3.00 Fruit Salad Cup



60c Various Snacks
● Oreo Choc Wafer Bar
● Fruit Ice Stick
● Popcorn ● Oreo's Biscuits



\$2.00 45g Packs Potato Chips

DRINKS



\$1.50 600ml Bottled Water

\$2.00 250ml Cans Soft Drinks

\$3.00 375ml Cans Soft Drinks

\$4.50 G Active Electrolyte Water

\$1.50 Flav Milk / Juice

\$2.50 Tea / Coffee



COMPETITION RULES

MACKAY TRACK&FIELD CARNIVAL

Rules as per ANQ and IAAF Rules including the following

1.0 Check in Procedures

- a. Track – Competitors should report to the Track Marshalling area 10 minutes prior to the start of the event.
- b. Field – Competitors to report directly to the competition area 10 minutes prior to the start of event.
- c. Where the competitors are at a field event and are due to be at a track event, inform the field judge/referee who will check if the track marshall is ready for them. Track events generally take precedence over field events.

2.0 Rescheduling of Events

Events may be rescheduled at the discretion of the Track or Field Referee. All team managers shall be notified of such changes in reasonable time.

3.0 Late Entries

Late entries or changes to entries will not be accepted.

4.0 Heats and Finals

All track events are run as finals and timed heats will be used for placings.

5.0 Trials in Field Events.

Three trials only in all field events (excluding High Jump) in all age groups.

6.0 Crouch Starts and the use of Starting Blocks

- a. Competitors up to and including 11 years will not be required to use starting blocks, they may use either a crouch or standing start.
- b. Competitors 12 years to Open must crouch start (medical certificates may be accepted) or may use starting blocks for sprint events up to and including 400m.

7.0 Starting Heights and Increments in Vertical Jumps

Starting heights and increments shall be decided upon at the event site in consultation with the Referee and/or athletes.

8.0 Age Limitations and Technical Specifications

Event age limitations as per the competition entry form. Technical specifications as per the tables on the following pages. Private Implements must be lodged with the technical crew at least three hours before the start of the event.

9.0 Age Group Limitations

There are no restrictions on the number of events a competitor may enter. Athletes may only enter in their own age group.

Age groups are based on the athlete's age as at 31st December 2018 with the exception of Masters Athletes whose age is calculated as on the day of competition.

10.0 Clothing

- a. Registered Athletes with a club must wear the approved uniform of his/her club and the registration bib number. Hip numbers will be provided by an official in the marshall tent or at the start of events requiring them.
- b. In all events, competitors must wear clothing that is clean, designed and worn so as not to be objectionable. The clothing must be made of a material that is non-transparent, even if wet. The competitor must not wear clothing that could impede the view of the judges

11.0 Footwear

As the grounds are a multi-user facility, **shoes must be worn in all events, NO EXCEPTIONS.** Spiked shoes may be worn in age groups 10 and above in events as per the table below. Spiked shoes must be put on at the event area and are to be removed before leaving the event area.

	4-9	10	11	12	13+	Max Spike Size Grass Area.
Laned Track Events	x	✓	✓	✓	✓	9mm
Unlaned Track Events	x	x	x	x	✓	9mm
Long Jump	x	✓	✓	✓	✓	9mm
Triple Jump	N/A	N/A	N/A	✓	✓	9mm
High Jump	x	✓	✓	✓	✓	9mm
Javelin	N/A	N/A	N/A	✓	✓	9mm
Shot Put	x	x	x	x	x	x
Discus	x	x	x	x	x	x

12.0 Protests

- a. Protests concerning the eligibility of an athlete to compete in a competition must be made prior to the commencement of such competition to the Competition Director or Meeting Manager. If the protest is unable to be resolved prior to the commencement of the competition, the athlete shall be allowed to compete, "under protest" pending resolution of the matter.
- b. Protests and appeals concerning the result of an event shall be made in accordance with IAAF Rules. Appeals to the Jury shall be accompanied by a fee of \$20.00 (twenty dollars) which shall be forfeited if the appeal is lost.

13.0 Variations to Rules

Any variations to the above rules shall be at the discretion of the Competition Director.

TECHNICAL SPECIFICATIONS

Throw Implements – All Age Groups

AGE GROUP	DISCUS		SHOT PUT		JAVELIN		HAMMER	
	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE
4 Yrs	350g	350g	1.0kg	1.0kg	x	x	x	x
5 Yrs	350g	350g	1.0kg	1.0kg	x	x	x	x
6 Yrs	350g	350g	1.0kg	1.0kg	x	x	x	x
7 Yrs	500g	500g	1.5kg	1.5kg	x	x	x	x
8 Yrs	500g	500g	2.0kg	2.0kg	x	x	x	x
9 Yrs	500g	500g	2.0kg	2.0kg	x	x	x	x
10 Yrs	750g	750g	2.0kg	2.0kg	x	x	x	x
11 Yrs	750g	750g	3.0kg	2.0kg	x	x	x	x
12 Yrs	1.0kg	1.0kg	3.0kg	3.0kg	600g	400g	3.0kg	3.0kg
13 Yrs	1.0kg	1.0kg	3.0kg	3.0kg	600g	400g	3.0kg	3.0kg
14 Yrs	1.0kg	1.0kg	4.0kg	3.0kg	700g	500g	4.0kg	3.0kg
15 Yrs	1.0kg	1.0kg	4.0kg	3.0kg	700g	500g	4.0kg	3.0kg
16 Yrs	1.5kg	1.0kg	5.0kg	3.0kg	700g	500g	5.0kg	3.0kg
U18	1.5kg	1.0kg	5.0kg	3.0kg	700g	500g	5.0kg	3.0kg
U20	1.75kg	1.0kg	6.0kg	4.0kg	800g	600g	6.0kg	4.0kg
Open	2.0kg	1.0kg	7.26kg	4.0kg	800g	600g	7.26kg	4.0kg
30-49	2.0kg	1.0kg	7.26kg	4.0kg	800g	600g	7.26kg	4.0kg
50-59	1.5kg	1.0kg	6.0kg	3.0kg	700g	500g	6.0kg	3.0kg
60-69	1.0kg	1.0kg	5.0kg	3.0kg	600g	500g	5.0kg	3.0kg
70-74	1.0kg	1.0kg	4.0kg	3.0kg	500g	500g	4.0kg	3.0kg
75-79	1.0kg	750g	4.0kg	2.0kg	500g	400g	4.0kg	2.0kg
80+	1.0kg	750g	3.0kg	2.0kg	400g	400g	3.0kg	2.0kg