

## 2017 CORAL COAST RULES OF COMPETITION

1. Competitors attending must be registered to a club or have paid a carnival registration to cover both days competition.
2. Competitors must be attired in correct Club Uniform with registration number attached.
3. Competition Rules: This carnival shall be conducted under ANQ and IAAF or WMA rules depending on competitor's age.
4. Only athletes taking part in competition will be permitted on the Field of Play.
5. **The responsibility of reporting to their various events 15 minutes (minimum) prior to commencement rests entirely on the athlete.**
6. **Field events** for age groups up to 9 yrs of age will have three (3) trials only.
7. **Field events** for age groups 10 yrs and over will have an initial three (3) trials, then competitors placing from 1 to 8 will then complete another three (3) trials for the final top three placings.
8. The starting height for **High Jump** will be as follows, except where field referee consider that abnormal circumstance warrants a variation.

8 yrs – 70cm                      11 yrs - 1.05m                      14 yrs - 1.20m

9 yrs - 80cm                      12 yrs - 1.10m                      15 yrs - 1.30m

10 yrs - 90cm                      13 yrs - 1.15m

U16 yrs and over will be at the discretion of the High Jump Chief.

8 yrs – 10 yrs age groups may only perform scissor jump & must attempt to make first contact with the Mat with their feet, if the Athlete does not he or she may be disqualified from the remainder of the Event, this will at the discretion of the Field Referee. All other age groups can perform either scissor or flop jumps (or any other style that conforms to IAAF rules).

The bar will rise in increments of 5cms until two competitors or less remain in the competition after which the bar will rise in increments of 3cms until only one competitor is left.

9. **Long Jump** – Age groups 10yrs and over will jump from a 20cm x 1.22m board and will be measured from the front the board to the nearest break in the sandpit.

Age groups from 4yrs to 9yrs will jump from a 1 x ½ metre sand mat and will be measured from the toe mark to the nearest break in the sandpit. If an Athlete jumps from behind the 50cm take off mat, the jump is to be measured from the back of the Mat to the closest mark by the Athletes on landing into the Sand Pit.

**Front of the Mat is to be placed ½ metre from the start of the Sand Pit. (No Closer)**

10. **Triple Jump** – Age groups 12yrs and over will jump from a 20cm x 1.22m board and will be measured from the front the board to the nearest break in the sandpit.

Take off boards will be placed at 5m, 7m, 9m, 11m, & 13m from the edge of the sand pit. Competitors must nominate which board they intend to jump off. Competitors must inform the Chief Judge and Recorder of any changes once competition has commenced. Any infringement will constitute a foul jump.

11. **Spikes** – (a) May be worn by competitors aged 10yrs – 13years only in sprint events run in lanes, jumping events and javelin, 14 years – Open: in all events. Athletes under 10: not permitted.

(b) Maximum synthetic spike length will be 9mm for javelin and high jump, 7mm for all other events. Maximum diameter 4mm.

12. All athletes must remove spikes prior to leaving the competition arena.
13. Athletes aged 4yrs to 11yrs **will not be required to use a crouch start** for running events.
14. 12yrs and over – **crouch start is compulsory** for running events up to and including 400m excluding Masters. **Use of starting blocks is optional.**

15. Private Implements. Athletes who wish to include their own throwing implements in the equipment pool MUST lodge them with the Equipment Man at the equipment room (check with the Admin office not later than three (3) hours before the scheduled starting time of the particular event on the day of competition or on a previous day. The implements will be impounded until after the competition when athletes may collect them from the equipment room on production of the appropriate receipt. Athletes are expected to provide their own vaulting poles. No poles will be provided by the Organising Committee. Pole Vault poles must also be lodged at the Equipment Room.
16. Where **heats** are required the following rules shall apply:  
60mh, 80mh, 90mh, 100mh, 110mh, 200mh, 400mh, 60m, 80m, 100m, 200m and 400m – All finals will be 8 lanes.  
2 Heats – 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> and the next two best times.  
3 Heats – 1<sup>st</sup>, 2<sup>nd</sup> and the next two best times.  
800m, 8-12 years pack or waterfall starts, 13 years and over laned starts (at the discretion of the track ref)  
1500m, 3000m, 5000m, Steeplechases, All Walks – will be **pack or waterfall starts**. This will be at the discretion of the Track Referee.  
Where 8 or less competitors report for scheduled heats, **THAT EVENT WILL BE CANCELLED AND THE EVENT WILL BE RUN WHEN THE FINAL IS SCHEDULED.**
17. All **hurdles** will be run as per **ANQ SPECIFICATIONS**
18. Immediately on completion of the track events, all athletes must remain in their lanes to receive the judge's decision.
19. Where a competitor is in both a track event and a field event at the same time, track events take precedence; every effort will be made by officials to ensure all athletes receive their allotted trails at the field event.  
**HOWEVER:** \*Athletes in clashing events must return to their field event immediately after they finish their track event.  
\*Where the clashing track events starts after the field event, athletes are to remain at the field event until a few minutes before the track event starts.  
\*Athletes may trial out of turn (eg at the start of a round before leaving for track, or at the end of a round when returning), where the competitor is required for a track event.
20. **Withdrawal of Athletes.** An athlete may be withdrawn from an event during competition by the appropriate referee's. If in his/her opinion the athlete is endanger to him/her or other competitors or fails to comply with official orders.
21. Events may be rescheduled at the discretion of the Field or Track Referee. All competitors will be notified of such changes in reasonable times.
22. **Protests** must be lodged within 15 minutes of the completion of the events, with the referee. A fee of Fifty Dollars (\$50.00) must accompany the protest and this will be returned if the protest is considered justified. **THE JURY OF APPEALS DECISION WILL BE FINAL.**
23. **NO LATE NOMINATIONS** for individual events will be entered into. Relay team nominations will be accepted up until 11am Sunday.
24. Athletes scratching from events shall notify the administration officials as soon as possible. Nomination fees are non-refundable.