

Cairns Athletics Twilight Event

DRAFT - EVENT TIMETABLE - DRAFT

This draft timetable is be used as a guide only. The actual timetable used on the day will be based on the number of athletes competing in each age group. Smaller groups may be combined with another, or Male and Female athletes together. An updated timetable will be posted to the Cairns Athletics & Athletics North Queensland websites.

Age is as at 31 December 2018 except Masters age as at day of competition.

Track Events: Timed heats will be used for placings for ages 10 and above. Field Events: Age groups 10 and above, 3 trials with top 8, 1 extra trial (except for High Jump)
Spiked shoes are not to be worn by athletes under 10yrs. Athletes 10-12yrs cannot wear spiked shoes for unlaned track events.

Maximum of 6 event entries per athlete.

Time	4, 5 Yrs		6 Yrs		7 Yrs		8 Yrs		9 Yrs		10 Yrs		11 Yrs		12 Yrs		13,14,15 Yrs		U18, U20,Open,Masters				
	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M			
Saturday																							
2.00					60m H 45cm	60m H 45cm	60m H 45cm	60m H 45cm	60m H 60cm	60m H 60cm	60m H 60cm	60m H 60cm	60m H 68cm	60m H 68cm	Discus Creek		High Jump Pit 1		Long Jump Pit 1	Javelin			
2.30					Discus City		High Jump Pit 3	Shot Put City	High Jump Pit 2	Shot Put Creek			Long Jump Pit 2	High Jump Pit 1	80m H	90m H Discus	80mH/90mH 13yo/14-15yo	90mH 13yo 100mH 14-15	100m H 80mh some M	110m H			
3.00	Long Jump Pit 6	Long Jump Pit 5	Shot Put City	Discus City						Discus Creek	Shot Put Creek	Long Jump Pit 2							Javelin	Long Jump Pit 1			
3.30	Shot Put City		Discus City	Long Jump Pit 6	Long Jump Pit 5	Shot Put Creek	Long Jump Pit 2	High Jump Pit 2	Discus Creek	High Jump Pit 3	60m	60m	60m High Jump	60m	60m	60m	60m	60m	60m	60m			
4.00	60m	60m	60m	60m	60m	60m	60m	60m	60m	60m	Long Jump Pit 2	High Jump Pit 2			Javelin	Long Jump Pit 1	Discus Creek		Shot Put Creek	High Jump Pit 1			
4.30	Discus City	Shot Put City	Long Jump Pit 6		Shot Put Creek	Discus Creek			Long Jump Pit 5		1500m		1500m	Long Jump Pit 2	1500m		1500m	Long Jump Pit 1	1500m				
5.00		Discus City		Shot Put City		Long Jump Pit 2	Shot Put Creek	Discus Creek		Long Jump Pit 5		1500m		1500m	Long Jump Pit 1	1500m		Javelin	1500m	High Jump Pit 1	1500m		
5.30	100m	100m	100m	100m	100m	100m	Discus City	Long Jump Pit 2	Shot Put Creek		High Jump Pit 2		Discus Creek				Long Jump Pit 1	High Jump Pit 1					
6.00	IAAF Activity	IAAF Activity	IAAF Activity	IAAF Activity	IAAF Activity	IAAF Activity	100m	100m	100m	100m	100m	100m	100m	100m	100m	100m	100m	Shot Put 100m	Shot Put 100m	100m	Javelin 100m	100m	Discus 100m
6.30							IAAF Activity	IAAF Activity	IAAF Activity	IAAF Activity	IAAF Activity	IAAF Activity	IAAF Activity	IAAF Activity	IAAF Activity	IAAF Activity	Pole Vault	Pole Vault	Pole Vault	Pole Vault	Pole Vault	Pole Vault	
7.00	PRESENTATION OF PARTICIPATION MEDALION AND CERTIFICATE TO AGE GROUPS 4 TO 9										800	Shot Put City	800	Shot Put Creek	800	High Jump Pit 1	800	Discus Creek	800				
7.30													Discus City End	800	Shot Put Creek	800	High Jump Pit 1	800	Shot Put City	800	Discus Creek	800	
8.00													400m	Discus City End	400m	Discus Creek End	400m	Javelin	400m	Shot Put City	400m	Shot Put Creek	
8.30													400m					400m				400m	
	CARNIVAL CONCLUSION																						