

# TASMANIAN ALL SCHOOLS TRACK AND FIELD TECHNICAL REGULATIONS FOR SECONDARY [U14 to U18] EVENTS

[as adapted for this competition from the AT General Regulations]

1. Championships will be conducted according to the rules of the IAAF, Athletics Australia and Athletics Tasmania.
2. Athletics Tasmania shall appoint a Competition Director/Technical Delegate for each State Meet/Championship who will assume overall responsibility for the meet. This person will have sole and final responsibility for the implementation of these regulations and any decisions relating thereto concerning the running of the competition.
3. **UNIFORMS:** For schools competitions, school uniform should be worn. Athletes without a school uniform should compete in an essentially white competition top with plain coloured shorts or briefs.
4. **COMPETITION NUMBERS:** Athletes must wear competition numbers if provided to them for the competition. These must be worn on the front and back of your competition uniform firmly attached with not less than four (4) pins, so the entire number and sponsorship information can be easily read. No part of the number shall be folded under the uniform or in any other way. Athletes who do not have their competition numbers with them, will be required to hire a temporary set at a cost of \$5.

ATHLETICS TASMANIA WILL ENFORCE IAAF RULE 143.8, WHICH RENDERS AN ATHLETE LIABLE TO DISQUALIFICATION IF S/HE TAMPERS IN ANY WAY WITH THE COMPETITION NUMBER.

5. **ENTRY PASSES:** Competing athletes will not be charged through the gate. Should there be a gate charge in operation, the names of all competing athletes will be provided to gate staff. Competing athletes should check at the gate upon arrival to ensure that they are not charged to come through the gate.
6. **ADDITIONAL HEATS/ELIMINATION ROUNDS:** If additional heats or elimination rounds are required (other than those already scheduled) all entrants for that event will be notified via the AT website (if known before the championships) or via the PA system (if arising during the Championships).
7. **CONFIRMATION OF ENTRIES:** It is the responsibility of each athlete to confirm for each event in which they intend to compete no later than thirty (30) minutes before the scheduled starting time of the first round of the event as listed in the final timetable on the AT website. After close of confirmation for each event, heat allocations and lane draws will be conducted for those events requiring them. Draws for all events will be advised as soon as they become available. Where heats were provided for in the FINAL timetable and subsequently they are not required after confirmation, then in such cases the final will be held at the time scheduled for the heats.

*The following regulations apply to late confirmations:*

*7.1 Athletes who are in line at the time confirmation closes for their event, will be able to confirm. Prior to closing off the event the judge in charge shall announce in the confirmation area only that the confirmation for the particular event is closing and calling on an athletes who have not yet confirmed to come forward.*

*7.2 Athletes seeking to confirm at any later time, will be permitted to do so upon the payment of a late confirmation fee of \$2.00. Such athletes will be placed in the case of track events in any available lane. There will be no re draws. In the case of field events, athletes will compete in their original position.*

*7.3 Where a round was cancelled by virtue of there being insufficient confirmations to warrant it, only athletes confirmed at that time may compete in the next round (which will usually be the final). No late confirmations will be accepted in such circumstances.*

*7.4 Where an event was cancelled by virtue of there having been NO confirmations at confirmation time, late confirmations (upon the payment of the fee) will only be accepted where it remains practicable to restore the event to the programme.*

8. **SCRATCHINGS:** If an athlete does not compete in all rounds of an event for which s/he has qualified, or does not compete in an event after confirming for it, s/he will not be permitted to compete in any other event in the championships, including relays (IAAF Rule 142.4).
9. **PROGRESSION TO FINALS (TRACK):** Rules for progression and qualifying rounds are as follows. These are the numbers of athletes who confirm and over-ride the IAAF Rules, and remain subject to changes directed by the Competition Director or Athletics Tasmania.

100metres/straight hurdles	1-10	Final only
	over 10	Two rounds only
200metres	1-8	Final only
	over 8	Two rounds only
400 and 800 metres/200 and 400m hurdles		Timed Finals (where necessary)
1500 metres		Final only
3/5000 metres & steeple		Final only
Walks		Final only

If there are more than 30 confirmations for 100m or straight hurdles, or 24 for 200 metres additional rounds may be programmed.

**PROGRESSIONS** - For events up to 400 metres:

- 3 heats First 2 per heat plus next 2 fastest to final
- 2 heats First 3 per heat plus next 2 fastest to final

Where it is decided that semi finals shall be conducted, adjustments to the above progressions will be made and notified prior to the commencement of the first heat. The 'next fastest' will be decided on times. If the times are equal then, unless there are adequate available lanes in the next round the highest placing in the round will determine who will progress to the next round. If there is insufficient space in the next round for all competitors to progress a draw by lot shall be held amongst the tying competitors. Reserves will not be placed in finals, where a withdrawal occurs.

10. Where the number of entrants for a track event is such as to require the running of heats, the names of all competitors shall be listed in the website program. The draw shall be made one hour before the advertised starting time of the event. Where all scheduled rounds of a competition are not required then the first round shall be cancelled.
11. **PROGRESSION TO FINALS (FIELD):** All competitors in horizontal jumps and throwing events will be entitled to three trials. In all age groups, the best eight after completion of the three trials will be entitled to one additional trial.

12. **TRIPLE JUMP:** The following boards will be used in the triple jump:

Under 14 (Men)	7/9/11m	Under 14 (Women)	7/9m
Under 16 (Men)	9/11m	Under 16 (Women)	7/9/11m
Under 18 (Men)	11/13m	Under 18 (Women)	9/11m

In respect of triple jump events in which only two boards are prescribed a third board may be designated for the competition by the Jumps Referee prior to the start of competition after considering requests from any athlete(s) who considers they would not be able to successfully jump from the designated board closest to the pit.

13. **VERTICAL JUMPS:** Starting heights and height progressions for all vertical jumps will be set at the discretion of the Jumps Referee appointed for the event. Jump offs will be held where there is an equal first place after the application of the relevant count-back rules, unless the Jumps Referee after consultation with the Competition Director/Technical Delegate determines that the prevailing conditions justify the termination of the event at that or any subsequent point.
14. **POLE VAULT RULE DISPENSATION**  
AA Competition Rule 20.2.27: Rule 183.2 (a) – *For the under 18 age group and lower for women and the under 16 age group and lower for men, this rule, at the discretion of the chief judge of the event, may not be applied to a particular trial, where in the opinion of the chief judge, a competitor made a reasonable attempt to push the pole back in the direction of the runway, but the wind then caused the bar to be dislodged by the pole. This dispensation shall apply for the relevant age groups at all meetings held in Australia.*
15. **PRIVATE IMPLEMENTS:** Athletes who wish to use their own throwing implements during the championships MUST lodge them with the Technical Manager at the Technical/Equipment Room no later than **one (1)** hour before the scheduled starting time of that particular event on the day of competition or on a previous day. The implements will be impounded until after the event or events for which they are submitted at which time athletes may collect them from the Technical/Equipment Room.
16. **STARTS:** Starting blocks must be used for all events up to and including 400m and only those supplied by the Organising Committee may be used. Private blocks will not be permitted. The IAAF start rules that came into effect on 1 January 2010 will apply to the under 15 age group and above. The AA dispensation (which applies the rule prevailing prior to 1 January 2010) will apply to Tasmanian Championship competition in the under 14 age group and below only.
17. **SPIKES:** Spikes, if used, must be pyramid or needle type. In shoes for track events and long/triple jumps they must be 7mm maximum. For high jump and pole vault the maximum shall not exceed 12mm.
18. **MEDAL PRESENTATIONS** will be made as soon as possible after the final of each event. All placegetters are asked to assist with this procedure by going with an official at the completion of the event and are requested to wear either their competition singlet or tracksuit top for the victory ceremony. Presentation Officials will assist in ensuring athletes are ready and correctly dressed.
19. **AWARDING OF MEDALS:** Medals will be awarded to the first three place getters in the final of each event on the basis of Gold for first, Silver for second and Bronze for third. Duplicate medals will only be awarded where the medal-winner is an athlete from outside Tasmania, in which case they will receive the relevant medal for the position in which they finish.
20. **PROTESTS** must be lodged initially with the Referee as per IAAF Rules. Appeals to the Jury are to be made in writing on the appropriate Appeal Form and lodged with the \$20 fee. Appeals can be made by either the athlete or their nominated representative and should be lodged in the Administration Room where forms will be available. At these championships an approved club official may be present to assist an athlete aged under 18 years whenever an athlete is being addressed or questioned by a Referee or the Jury of Appeal.
21. **TRAINING AND WARM UPS:** will be permitted on the back straight only. Athletes are requested to be aware of events in progress during their warm up period and to take notice of the directions of officials in this area.
22. **ATHLETE OF THE MEET:** A Male and Female Athlete of the Meet will be announced at the conclusion of the meet. These awards will be determined on the basis of a single performance only, by a selection panel comprising the Chairman of Selectors and the TIS Athletics Coach. At the discretion of the Technical Delegate an additional member or substitute(s) may be appointed.
23. **CLOSURE OF ENTRIES:** Entries for AT track and field championships, will close at 10.00pm on the Tuesday prior to the staging of the specific championships. It is preferred that entries should be made via the AT website. Where access to the internet is not available, contact must be made directly by phone, email or other e-messaging with Athletics Tasmania to effect the entry.
24. **LATE ENTRIES:** Late entries will be accepted up to 8.00pm on the Friday. An additional Late Entry Fee of \$10 per event (payable only in cash or by EFT) will apply to all entries received after the closing date. Further late entries will be accepted on the day of competition, if the Competition Director determines that special circumstances apply or that acceptance in any particular case will not require the conduct of an additional round in the event or the re-institution of an event that was deleted at the closure of normal entries.
25. **MULTIPLE ENTRIES:** Athletes are eligible only to enter the age group which applies specifically to their year of birth, with the exception that under 14 athletes may enter the under 16 200 metres hurdles. However an athlete may enter up to two events in no more than one additional age group.
26. **ELIGIBILITY AND AGE RESTRICTIONS:** Athletes must be under the relevant age as of 31 December in the year of competition. Athletes must turn at least 12 years of age in the year of competition to compete in this competition. For schools championships, athletes may only compete if he or she was a *bona fide* school student (including home and distance educated students) as at 1 September in the year of competition. Those attending university or like tertiary institutions are not eligible.
27. **RESTRICTIONS ON EVENT ENTRIES:** In addition to clause 26, the following age limitations will apply for this competition:
- 27.1 – an athlete must turn 14 years of age in the year of competition to compete in steeplechase or events of distance in excess of 3000m (with the exception as provided in 27.4);
  - 27.2 – an athlete must turn 12 years of age in the year of competition and have received skill training from an accredited coach beforehand to compete in pole vault and hammer throw competitions
  - 27.3 – an athlete must turn 16 years of age in the year of competition to compete in events of distance in excess of 5000 metres;
  - 27.4 – an athlete aged 13 years on the day of competition may compete in a 5000m race walk championship.
28. **PARA ATHLETES:** Those eligible to compete as a para athlete, will generally compete simultaneously with other athletes in the applicable event for their age group with their existing (or anticipated) para-classification number indicated in brackets after the athlete's family name. Where more than one para athlete is competing in a single event, their respective results will be determined according to the Athletics Australia MDS tables.